

# News For All Seasons



## PA FIRSTS

First Professional Football Game

PENNSYLVANIA SYMBOLS

State Dog

Great Dane

## APPRISE – Pat Perkins

Greetings and Happy Holiday wishes to everyone from the APPRISE staff. We are closing in on the deadline to change Medicare drug plans and Medicare Advantage plans. December 7, 2018 is the last day to make your changes.

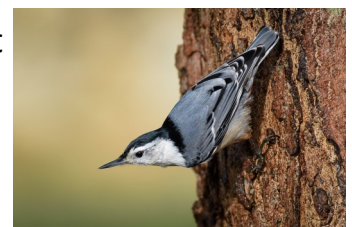
Thus far, we have saved hundreds of dollars for clients by checking current drug plans. Companies raise the cost of premiums, drugs, deductibles and remove medications from formulary lists. Your specific medication needs are what dictate the most cost-effective plan for you; if your costs are rising, we can assist you with the process.

We can also check your Medicare Advantage plans for changes in 2019 coverage. If you have a traditional Medicare supplement, you can change plans at any time. The annual enrollment timeframe does not apply to supplements; however, the glitch is the requirement to answer health questions if you are outside the guaranteed issue timeframe. In addition, all companies increase rates as you age.



If you have PACE or PACENET, follow the direction that those plans provide. One last note on PACE—the income guidelines for PACENET have increased by \$4,000. The amount for a married couple to qualify is now \$35,000 while a single person is \$27,500. If you think you may qualify, give us a call and we can complete an application. With PACE, the highest cost for a prescription is \$15—a great assistance! Income is based on the prior year.

To answer any of your questions, ask for an APPRISE staff member at the Aging Office at (570) 253-4262. You can also contact Lu at the Hawley Senior Center at (570) 226-4209. Vicki will be available to provide last minute counseling at the Lakewood Fire Hall on December 6 from 9 AM to 1 PM for those who live in that area.



# December

<p>3. <b>Steeping Chicken &amp; Rice Soup</b> <b>Lightly Breaded chicken patty on a WG Pretzel Roll</b> <b>Romaine Lettuce</b> <b>Sweet Tomato Slices</b> <b>Broccoli Salad</b> <b>HB: Roasted Broccoli</b> <b>Wax Beans</b> <b>Citrus Orange Slices</b></p>	<p>4. Open Faced Roast Beef Sandwich with Gravy On WG Bread Fluffy Whipped Potatoes with skins Snappy Green Beans Chilled chunky applesauce</p>	<p>5. Pork Paprikash Baked Sweet potato (1 whole) Roasted Cauliflower WG. Blueberry Muffin Loaf Gigglin Grapes HB: Chilled Pears</p>	<p>6. Roast chicken legs Scalloped Potatoes A mixed vegetable medley WG Roll/Butter Beaming bananas HB: Fruit Cocktail</p>	<p>7. Chili Con Carne Spring Mix Shredded Carrots Cucumber slices (rind on) Garbanzo Beans Low Fat Italian Dressing HB: Roasted Broccoli Cornbread Tangy Tangerines HB: Hawaiian pineapple</p>
<p>10. <b>Bridge Party Christmas Luncheon</b> Salmon in a honey mustard sauce Fingerling potatoes (skin on) HB: Baked sweet potato (1 whole) Roasted butternut squash WG. Roll with Butter Whole Berry Cranberry Sauce Diet Jell-O Cubes with a dollop of whipped cream</p>	<p>11. Chicken Rancher Parslied Buttered Potatoes Luscious lima beans WG roll with butter Gigglin grapes HB: Chilled peach slices</p> 	<p>12. Sloppy Joe on a WG Pretzel Roll Whipped sweet potatoes Carrot salad HB: Roasted Carrots Emerald Pears</p> 	<p>13. <b>Honey Glazed Turkey Cutlet</b> <b>Fluffy whipped potatoes with skins</b> <b>Broccoli Casserole</b> <b>WG. Baking powder biscuits with butter</b> <b>Adoring apricots</b></p>	<p>14. Pork Hawaiian Fluffy Brown rice, laced w/soy sauce and mushrooms Stir Fry Veggies Buttered Whole Kernel Corn Beaming Bananas HB: Chilled fruit cup</p> 
<p>17. Minestrone Soup California Burger on a WG Pretzel Roll Romaine Lettuce Cup Red onion Slice Avocado slice HB: Guacamole Blistery Beets Tangy Tangerines HB: Orang citrus slices</p>	<p>18. Chicken Parmesan with a side of WG Pasta Side dish of marinara sauce Spring Mix Shredded Carrots Sliced cucumbers (rind on) Low fat Italian Dressing HB: Roasted broccoli Beaming bananas HB: Adoring apricots</p>	<p>19. <b>HOLIDAY MEAL</b> Italian Wedding Soup Apricot Glazed Ham Fingerling potatoes Roasted asparagus/Hollandaise sauce Warmed Mediterranean rolls/butter Chunky applesauce Cherry Cheesecake with a dollop of whipped cream</p>	<p>20. <b>(2) WG slider rolls with tuna salad</b> <b>Beds of Romaine lettuce</b> <b>Sweet tomato slices</b> <b>Carrot Salad</b> <b>HB: Fish Sandwich on a WG Roll</b> <b>Perky Peas</b> <b>Roasted Carrots</b> <b>Gigglin grapes</b> <b>HB: Fruit cocktail</b></p>	<p>21. Beef Stew Spring Mix Shredded Carrots Cucumber slices (rind on) Low fat Italian Dressing WG Baking powder biscuits with butter HB: Roasted Broccoli Chilled pear slices</p> 
<p>24. <b>CENTER CLOSED!</b></p>  <p>31. <b>CENTER CLOSED!</b></p>	<p>25. <b>CENTER CLOSED!</b></p>	<p>26. Potato crusted Pollock/ Lemon wedge Orzo with Garden Peas Roasted Carrots Spring mix Cherry tomatoes Cucumber slices (rind on) Italian Dressing HB: French style green beans Hawaiian pineapple</p>	<p>27. <b>NEW YEARS EVE MENU</b></p> <p>Cranberry Glazed Pork Roast Whipped Sweet Potatoes/ maple syrup and pecans Sautéed cabbage Rye Bread with butter Baked apple crisp with a dollop of vanilla ice cream</p>	<p>28. Beef and stuffing roll ups with gravy Fluffy whipped potatoes Roasted Brussel sprouts Chilled peaches</p> 

**CAREGIVER'S SUPPORT GROUP –  
WEDNESDAY, DECEMBER 12 – 1:30 PM  
HONESDALE CENTER**

**NORTHERN WAYNE CENTER – THURSDAY, DECEMBER 6**

**EVERYDAY AT THE HAMLIN CENTER**

**Monday**

Cards & Games  
8:00-12 Pinochle  
10:00 Chair yoga

**Tuesday**

Cards & Games  
10:30 Tai Chi  
1:00 Bingo

**Wednesday**

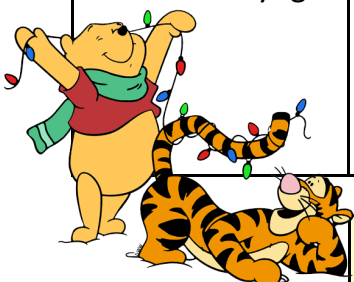
Cards & Games  
10:00 Exercise  
12:30 Mahjong  
(1<sup>st</sup> & 3<sup>rd</sup>)  
1:00 Sing-Along  
7 pm-9 pm Square  
Dancing

**Thursday**

Cards & Games  
10:00 Exercise  
1:00 Crafts  
1:00 Hamlin Jingers  
Choral Group  
Practice

**Friday**

Cards &  
Games  
10:00 Bingo



**EVERYDAY AT THE HONESDALE CENTER**

**Monday**

10:30 Bridge  
1:00 Crafts  
12-2 Advanced Class  
Line Dancing  
2-4 Beginning /  
Intermediate Line  
Dancing

**Tuesday**

10:30 Exercise  
1:00–4:00  
Pinochle



**Wednesday**

10:30 Exercise  
11:00 Tai Chi  
1:00 Art Class  
1:00 Bingo  
1:00 Mah Jong  
3:00 Jazz Dancing

**Thursday**

10:00 Games  
1:00 Cards  
1:00 Jazz Dance



**Friday**

10:30 Exercise  
1-2:30 Shuffleboard  
1:00 Pool  
1-2:30 Rummikub  
1-3 Memoir Writing  
Group (1<sup>st</sup> & 3<sup>rd</sup>)

**EVERYDAY AT THE HAWLEY CENTER**

**Monday**

8-3 Cards &  
Games  
8-3  
Gym Equipment  
10:30 – 11:30  
Exercise  
11:30 - 3  
Mah Jong



**Tuesday**

8-3 Cards &  
Games  
8-3 Gym  
Equipment  
1 - 2 Bingo

**Wednesday**

8-3 Cards & Games  
8-3 Gym Equipment  
10:30 – 11:30  
Exercise  
10-1:30 Ceramics  
Class  
1-2 Tai Chi  
5:30 – 8:30 Mah  
Jong

**Thursday**

8-3 Cards &  
Games  
8-3  
Gym Equipment  
1:00 Bingo  
11 – 2:30 Card  
Club

**Friday**

8-3 Cards & Games  
8-3 Gym Equipment  
10 - 2 Crafts  
10:30 – 11:30  
Exercise



**ALL CENTERS CLOSED – MONDAY, DECEMBER 24 AND TUESDAY, DECEMBER 25  
MONDAY, DECEMBER 31 AND TUESDAY, JANUARY 1**





### Honesdale Birthday Celebrations:

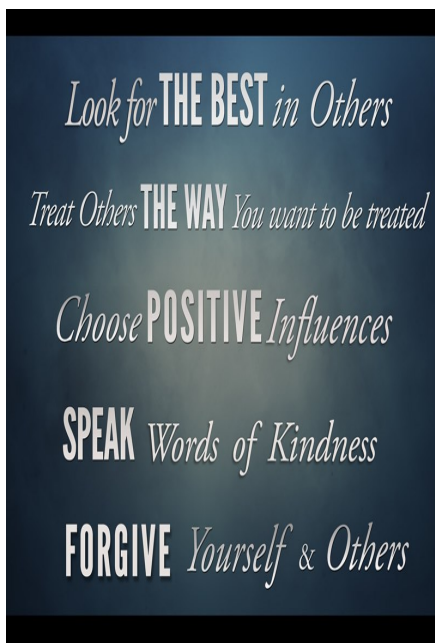
Rebecca VanBreda/Audrey Debiak/Vincent D'Agostino/John Mican/Shirley Ostrander

The holidays are in full force and so is the weather... welcome to N.E. PA and the best home one could ask for. I'd like to wish everyone a very Merry Christmas and a New Year full of happiness and good health for all.

Soon I'll be busy getting the 2019 bus trip together. Lots of good shows coming up. I still need 10 people who want to get Alaska off their "bucket list." The trip would be a 2 week land/cruise tour in August. I'm sorry the phone number in the November newsletter was wrong, you can contact me at 570-630-2385 for more details about Alaska or any trip ideas you may have.  
-Debbie Birtel

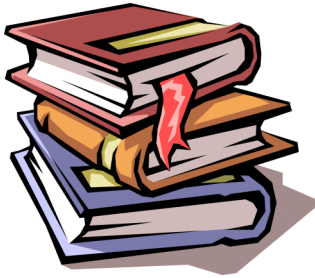


**Rachel's Challenge ...  
Go Orange**





## Wayne Pike Adult Literacy Program



Do you have an hour to hour and half a week that you would like to use in a powerful and positive way?

Are you someone, who still has the desire to make a positive change to someone's

life, in most of our cases, a positive change to their whole world and their families?

Are you a volunteer that would like to make our community a better place?

Illiteracy is a nationwide problem effecting 22% of our population here in NE Pennsylvania.

Illiteracy as a major contributing factor to poverty, crime, addiction and every other societal ill we experience.

We provide the training; teaching materials and all tutoring takes place in public venues such as libraries and churches.

Our students want to make a positive change in their life; a job, a better job, professional development, secondary education, or perhaps just being able to read their prescription bottle, life, health or car insurance, mortgage documents or just help their children with their homework.

The Wayne Pike Adult Literacy Program has been making a positive and much needed contribution to make our community a better place for over 30 years. We can only do this through our volunteer tutors. Please call 570-253-3221 or email [wpalp@ptd.net](mailto:wpalp@ptd.net) for details on how you can be a part of this program and you can be the spark that lights the fire of knowledge in someone who needs it, so they can contribute to their families and our community.

Please, go to [www.wpalp.org](http://www.wpalp.org) to learn more.

## 101 Things to do with a person with Alzheimers ...

### Here are a few to start with ....

Clip coupons

Make a family tree poster

Sort poker chips

Color a picture of our flag

Count tickets

Cook hot dogs

Rake leaves

Grow magic rocks

Use the carpet sweeper

Water house plants

Read out loud

Reminisce about the first kiss

Bake cookies

Play horse shoes

Look up names in the phone book

Dance

Read the daily paper out loud

Sing favorite hymns

Ask someone with a child to visit

Make homemade ice cream

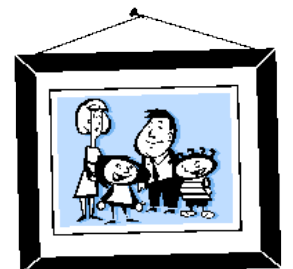
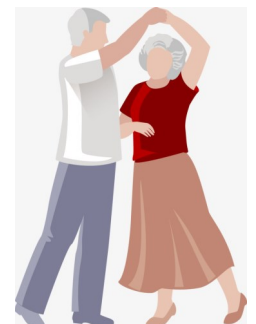
Listen to Polka music

Force bulbs for winter blooming

Plant seeds indoors or out

Make Christmas cards

Look at family photographs



More to come next  
month.....



## HAWLEY NEWS...

HO,HO,HO.  
Here we go  
again, the Hol-  
idays are upon  
us. We had a  
good turnout

of 45 participants for Thanksgiving. We had two lucky winners of our free Turkey give-a-way Luecreaher Stevenson and Dot Sherman. Congratulations. We all stuffed ourselves with goodies and a traditional Thanksgiving dinner. Andy Anderson serenaded us with his musical talents. Thanks from all your friends and Happy Thanksgiving to you.

Our Elvis show was a BIG success. We had 45 people turnout to see the one and only Jeff Krick AKA Elvis put on a fantastic show. WOW what else can I say but, he is one of a kind. WE danced, sang songs as he brought back memories from days passed. There were people that attended the concert that haven't been here before. It was nice to meet new people. We're looking forward to our next Elvis concert. I have added a couple of Halloween pictures for you to enjoy.



Happy  
Halloween



**We will be closed on December 24th and Christmas Day, also Monday, December 31st and Tuesday January 1st. Merry Christmas & Happy New Year to one and all.**





Elvis  
even  
showed  
up to  
enter-  
tain



Our Birthdays for December are— Barbara Billow, Karen Mehrrens, Gerri Lueck, Ruth Thomas, Paddy Sutton, Luecreaher Stevenson, Mary Docktor, Barbara Briden, Rosemarie Hoesly , and Andrea Stolzenberg

Happy birthday to you all!



### Upcoming events:

Friday December 7<sup>th</sup> the Black Bear choir at 11am to preform Christmas songs for us and at 1pm the 5<sup>th</sup> graders from Wallenpaupack School will be here to also. PLEASE plan to stay and attend this fantastic show. Monday December 10<sup>th</sup> we will have a free trip to Woodloch Resort for a cooking show. Our Christmas dinner will be on Wednesday December 19<sup>th</sup> starting at 11am with a visit from Santa and his Elf Andy. Lots of fun and food plus give-a-ways for everyone to enjoy.



**Remember December 7th is coming upon us fast. Make sure to check your Medicare Insurance and Prescription Drug Plans before you run out of time.**



# Halloween fun at Honesdale





## **HONESDALE NEWS**

### **October 31 – Halloween Party Recap**

The annual Halloween party was a great success—there were games and tasty treats. So many came in great costumes and some won door prizes

### **November 15– Thanksgiving Dinner Recap**

Over 50 seniors enjoyed a traditional and delicious Thanksgiving dinner & dessert. Many received holiday-themed door prizes--all had a great time.

**December 6-** Children from the Wallenpaupack Area Intermediate School chorus be at the center to share the sound of their angelic voices. Please come at 10:45 AM to enjoy the concert and show them support too.

### **December 12 – Burrell Dietz Plays and Sings**

Burrell will play guitar as well as sing some country and holiday classics at 11:00 AM. Please come and enjoy!

### **December 19– Christmas Dinner**

Always a popular event, a way to unite with old and new friends. Rumor has it that Santa, with a sleigh of gifts, is coming! Please call Kathy at 570-253-5540 to make reservation.

### **December 24 and December 25,**

The centers are closed in observance of the Holidays. Merry Christmas!

**December 27** -A traditional New Year's dinner of cranberry glazed pork is on the menu. Call Kathy at 570-253-5540 to make a reservation and help usher in the New Year.

### **December 31, 2018 and January 1, 2019**

The centers are closed in observance of the New Year's holiday. Happy New Year!

### **Ornaments for Capital Building, Harrisburg**

As invited by Teresa Osborne, Secretary of the Department of Aging, seniors from the Hamlin, Hawley and Honesdale centers created ornaments to decorate the Christmas tree in Harrisburg. See photo (right) of some of the beautiful and fun creations.



## **NORTHERN WAYNE NEWS**

**Christmas party is December 6. The children of Preston school will be singing at 10:30 AM. Perhaps Santa will arrive! Lunch will be ham and cheese on a croissant with cherry cheesecake for dessert. The New Year will be celebrated on January 3, 2019! Please call Marie at 570-253-5540 for reservations.**

*"Our hearts grow tender with childhood memories and love of kindred, and we are better throughout the year for having, in spirit, become a child again at Christmastime."*

— Laura Ingalls Wilder





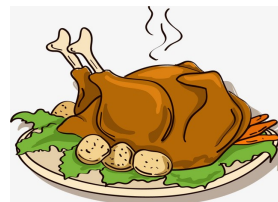
## More entertainment from Andy Anderson...



**THANK YOU  
VETERANS**



Enjoying some early  
Thanksgiving dinner...





SOME  
HONESDALE FOR THE HOLIDAYS  
EVENTS:



**12/1-** "Christmas in the Village" 2-4pm—come celebrate the season in Bethany with holiday open houses

**12/6-** Caroling, Caroling! 7:30 pm— The Wayne Choralaires present their Christmas Concert. Ladore Conference Center, Waymart.

**12/8-** 23rd Annual Ornament Hunt 10am —Children can "hunt" for ornaments for a chance to win prizes! Prizes donated by generous Honesdale businesses. Central Park

**12/9-** Caroling, Caroling! 2:30pm — The Wayne Choralaires present their Christmas Concert. Central United Methodist Church, Honesdale

**12/14 to 12/19** 6pm- 9pm — Holiday Light Spectacular- Tune your radio into 107.7 FM and watch as thousands of lights dance, fade and chase to the songs of the holiday season! Honesdale High School parking lot, 459 Terrace St, Honesdale

**12/18** 7pm — Annual Chorus & Band Holiday Concert — The Honesdale High School Chorus & Band perform holiday favorites both old and new. Sure to put you in the holiday spirit. HHS Auditorium, 459 Terrace St, Honesdale

*A Winter  
Mini Craft Workshop*



Join Donna O'Shaughnessy-Independent Designer Chalk Couture and create together holiday ornaments using exclusive Chalkology pastes and reusable silk-screen transfers.

**TUESDAY, DECEMBER 11**

**5:30 TO 6:30**

Wayne County Public Library

\$5.00 Fee for Supplies. Please pay by December 4th.

Contact Elizabeth at 570-253-1220 or [ewilson@waynelibraries.org](mailto:ewilson@waynelibraries.org) to register

PA FORWARD

PENNSYLVANIA  
LIBRARIES

Wayne County  
1406 Main Street  
Honesdale, PA 18431  
570-253-1220  
[www.waynelibraries.org](http://www.waynelibraries.org)  
Connecting our community



*"Then the Grinch thought of something he hadn't before! What if Christmas, he thought, doesn't come from a store. What if Christmas...perhaps...means a little bit more!"*

## HAMLIN NEWS

### Thanksgiving Blessings

Our first blessing was that the storm didn't stop the party! The second blessing was the Hamlin Seniors enjoyed performances by "The Legends" during our Thanksgiving celebration on Thursday, November 15th. The group acted out favorites such as Tina Turner, Johnny Mathis, Abba, Jimmy Buffet, Linda Ronstadt, and more! All the seniors were standing with hands up for their performance of "God Bless the USA". A moment that gave me chills. The meal was great and a big thank you goes to the Honesdale kitchen staff and our senior center volunteers for working hard to make a very successful event! I hope everyone has many Thanksgiving blessings this year.

-Becky Klepadlo



### **Veteran's Appreciation**

On Friday, December 11/9/18 the Hamlin Senior Center took time to honor our valued Veteran's. Joyce Gause, Jim Robertson, Bill Flemming, Alek Stanku and Oliver Washburn were recipients of a certificate and plaque. Not present but kept in memory was Bob Smith, Laurence DeCaro, Dante Giammarco and David Cummings. We thank all of you for your dedication and commitment to help our nation stand strong.







# DECEMBER EVENTS



Chair Yoga  
Tai Chi  
Healthy Steps Exc.  
Girl Scouts Visit  
Black Bear Women's  
Modified Schedule  
Conservatory Group  
Woodloch Pines  
Luncheon  
Mahjong  
Hamlin Jingers  
Birthday Bash  
Movie Matinee  
Hamlin Jingers

Christmas Social

Christmas Bingo  
Marathon  
Center Closed  
New Years Eve Pty  
Center Closed

**Mondays, 10 AM - December 3<sup>rd</sup>, 10<sup>th</sup>, & 17<sup>th</sup>**  
**Tuesdays, 10:30 - December 4<sup>th</sup>, 11<sup>th</sup>, & 18<sup>th</sup>**  
**Wed. & Thurs. at 10 AM**  
**Wednesday, December 5th**

**Thursday, December 6 – lunch early & closing at 12:30 PM**  
**Friday, December 7th at 11 AM**

**Monday, December 10th**  
**Wednesdays, 12:30 PM December 12th & 26th**  
**Thursday, December 13th at 1 PM**  
**Friday, December 14th after lunch**  
**Friday, December 14<sup>th</sup> at 1 PM (Christmas Movie w/goodies)**  
**Saturday, December 15th at 2 PM Performing at Julia Ribaud ECC.**

**Wednesday, December 19th. Entertainment by the Hamlin Jingers at 11 AM followed by Country Christmas by Bob at 11:30, a special holiday luncheon at 12 PM, Randy Lite at 1 PM and I hear a special guest will be visiting!**

**Friday, December 21st. Regular bingo at 10 AM and Christmas Bingo at 1 PM**  
**December 24<sup>th</sup> and 25<sup>th</sup>**

**Thursday, December 27th. Music by "Windfall" at 11 AM.**  
**December 31st and January 1st**

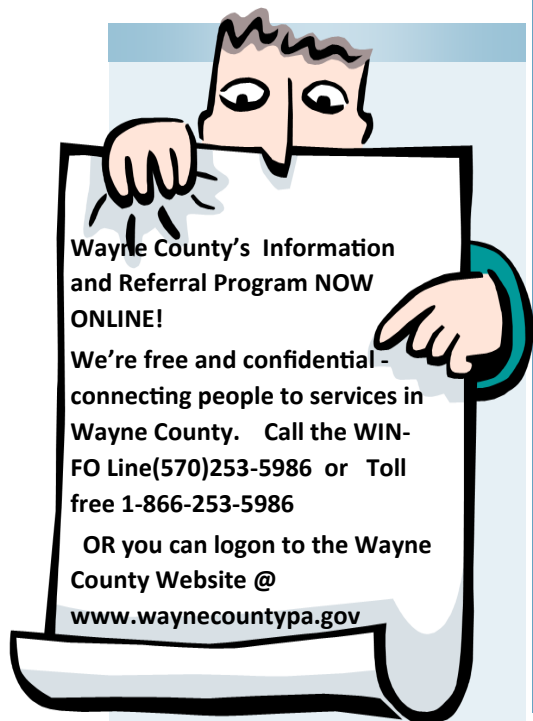


## Saying Goodbye

It is with sadness we say good-bye to a loyal friend Diane from the duo act "Windfall". She and her husband Vernon have frequented the Hamlin Senior Center for three appearances over the past year and Diane has been a long time friend. RIP our friend. We know you are singing with the angels.



<b>Patrick Dennis</b>	<b>12/3</b>
<b>Harriet Wittenbrader</b>	<b>12/4</b>
<b>Richard Zack</b>	<b>12/15</b>
<b>Nanci Lombardi</b>	<b>12/20</b>
<b>Nancy Adams</b>	<b>12/21</b>
<b>Jim Ward</b>	<b>12/21</b>
<b>Ken Beyers</b>	<b>12/23</b>



**Wayne County's Information and Referral Program NOW ONLINE!**

We're free and confidential - connecting people to services in Wayne County. Call the WIN-FO Line (570) 253-5986 or Toll free 1-866-253-5986

OR you can logon to the Wayne County Website @ [www.waynecountypa.gov](http://www.waynecountypa.gov)

**Honesdale Center** Earl J. Simons Center 323 10th Street, Honesdale, PA 18431 570-253-4262/570-253-9115 fax end of 10th St. across from Stone Jail

**Hamlin Center** Salem Township Building, 15 Township Bld. Rd, Route 590 Hamlin, PA 18427 570-689-3766 // 570-689-5002 fax Route 191 South to Hamlin 4 corners turn right onto 590 West, go 1/2 mile turn right after UPS Sign

**Hawley Center** Robert J. Drake Senior Community Center 337 Park Place, Bingham Park Hawley, PA 18428 570-226-4209 // 570-226-3422 fax Route 6 to Hawley, past ball field across from Mayor's office, just before bridge, left onto Park St

**Northern Wayne satellite** @ Northern Wayne Fire Company, 1663 Crosstown Highway, Lakewood, PA 18439 570-798-2335 (fire co) Meetings March-October - 1st & 3rd Thursday; Meetings November-February—1st Thursday only

**Waymart satellite** @ St. Mary's Rectory at 242 Carbondale Road, Waymart. Meetings 1st & 3rd Thursday. Call Kimber Best 570-766-1916.

**Transportation** 323 10th Street, Honesdale, PA 18431; 8:00 am-4:00 pm [www.waynecountypa.gov](http://www.waynecountypa.gov) go to "human services" click on "transportation" 570-253-4280; out of 253 exchange 1-800-662-0780

**Wayne County Veterans Affairs Representative:** Honesdale 314-10<sup>th</sup> Street, 9-4, Monday through Friday. For more info please call: 570-253-5970, Ext. 3114.

*Production Coordinator: Kathy Robbins*

*Menu Coordinator: Joanne Pesota*

*Editor: Kathleen Chicoski*

*kchicoski@waynecountypa.gov*



*The Wayne County Adult Day Service is open Monday – Friday. To contact the center please call 570-390-7388 in Hawley.*

